

Romans week 2

The Balance Matters

Questions

REVIEW WITH YOUR GROUP

- Take time to discuss anything from last week (ie. things learned or experienced)
- Share a personal discovery to help start the conversation

CONVERSATION STARTERS

- Is it easy or hard for you to balance things?
 - Balance stress at work with stress at home
 - Balance hurt feelings with Thanksgiving dinner (that uncle is going to be there).
- Talk about a time when you struggled with balance
 - Physical balance or emotional balance

RESPOND TO THE TOPIC

- What is one thing that stood out to you from this week's message?
- **Read Romans 1:3-4**
 - *Romans 1:3-4* "The Good News is about his Son. In his earthly life he was born into King David's family line, and he was shown to be the Son of God when he was raised from the dead by the power of the Holy Spirit. He is Jesus Christ our Lord."
- The Good News/Gospel is shared here but something every Jewish person knew... How do you handle the history of the Gospel?
 - *The Messiah would be born in Bethlehem | Micah 5:2*
 - *The Messiah would come from the tribe of Judah | Genesis 49:10*
 - *The Messiah would ride a donkey & be recognized by Jerusalem | Zechariah 9:9*
 - *The Messiah would arrive before the temple is destroyed | Daniel 9:24-27*
 - *The Messiah would be tortured to death | Psalms 22:1-31*
- The ESV says "According to the flesh"
 - According to the flesh, Christ faced the same struggles we have as well and He met us "on the human level."
 - What does "According to the flesh" mean to you?
- The ESV says "According to the Spirit"
 - What does the "spirit" mean to you?
 - Holy Spirit?
 - Spirit of Sanctity?
- The Balance of "flesh" and "spirit" Matters
 - How do you balance the fullness of God? Not neglecting one side or the other.

- Paul points out all of this to share the Center of the Gospel - Jesus!
 - *2 Corinthians 1:20* “²⁰For all of God’s promises have been fulfilled in Christ with a resounding “Yes!” And through Christ, our “Amen” (which means “Yes”) ascends to God for his glory.”
 - The Center of the Gospel is Christ.
- How can we pray for you?